





<p>2</p> <p>OFA</p>  <p>CLOSED</p>	<p>3 Pork Loin w/ Saurkraut Parsley Boiled Potatoes Carrot Raisin Salad Applesauce Muffin</p>	<p>4 Dressed Hamburger on a Whole Wheat Bun Baked Beans Coleslaw Watermelon</p>	<p>5 Turkey Tetrazzini Peas and Onions 12 Grain Bread Peach Crisp</p>	<p>6 Spanish Rice Broccoli Salad Cottage Cheese w/ Pineapple Whole Wheat Roll</p>
<p>9 Zucchini Cheese Bake Butternut Squash Mixed Berries w/ Topping Whole Wheat Roll Apple Juice</p> <p>16 Sweet & Sour Meatballs Over Rice Oriental Vegetable Medley Grapes 12 Grain Bread</p>	<p>10 Chili Con Carne Pea & Beet Salad Fruit Cocktail Corn Muffin</p> <p>17 Chicken Cacciatore Linguine w/ Sauce Bean & Spinach Salad Orange Whole Wheat Roll</p>	<p>11 Sliced Turkey w/ Gravy Mashed Potatoes Carrots Cantaloupe 12 Grain Bread</p> <p>18 Macaroni & Cheese Stewed Tomatoes Peaches Whole Wheat Roll Fig Newton</p>	<p>12 Parmesan Crusted Fish Lemony Herbed Rice Green Beans Fruit Fluff Whole Wheat Roll</p> <p>19 Turkey Rice Cassarole Broccoli Fruited Jello Salad 12 Grain Bread</p>	<p>13 Stuffed Shells Cauliflower Seasonal Berries Garlic Bread Fig Newton</p> <p>20 Roast Pork Supreme Mashed Potatoes Carrots Fruit Ambrosia Whole Wheat Roll</p>
<p>23 Scalloped Potatoes & Ham Corn Fruit Cocktail Pumpkin Muffin</p> <p>1ST DAY OF AUTUMN </p> <p>30 Chicken Italian Parsley Potatoesw/ sour cream Brussel Sprouts Pineapple Tidbits Whole Wheat Roll</p>	<p>24 Fish Kiev Confetti Rice Kidney Green Bean Salad Corn Muffin Applesauce</p>	<p>25 Lemon Garlic Chicken Baked Potato Mixed Vegetables Pears 12 Grain Bread</p> <p>ALL MEALS SERVED WITH 1% OR FAT FREE MILK</p>	<p>26 Shepards Pie Four Bean Salad Carifruit Salad Whole Wheat Roll Fig Newton</p> <p>NOTE: MENU SUBJECT TO CHANGE</p>	<p>27 Vegetable Lasana Tossed Salad w/ Dressing Peaches Garlic Bread Apple Juice</p> 

<p>7 Parmesan Fish Confetti Rice Carrots Apple Juice Corn Muffin</p>	<p>1 Ham & Bean Cassarole over Rice Spinach Fruit Cocktail Blueberry Muffin Apple Juice</p> <p>8 Sloppy Joe on Whole Wheat Bun Pea and Beet Salad Warm Apple Slices Graham Crackers</p>	<p>2 Chicken w/ Herb Gravy Mashed Potato Cassarole Mixed vegetables Pears Whole Wheat Dinner Roll</p> <p>9 Tuna Noodle Cassarole Green Beans Fresh Orange Whole Wheat Dinner Roll Fruited Jello</p>	<p>3 Goulash Tossed Salad w/dressing Cottage Cheese w/ Pineapple Garlic Bread Brownie</p> <p>10 Chicken Ala King Brussel Sprouts Apple Crisp Biscuit</p>	<p>4 Kielbasa w/ Saurkraut German Potato Salad Blueberries Orange Juice Fig Newton</p> <p>11 Macaroni & Cheese Stewed Tomatoes Peaches 12 Grain Bread Fig Newton</p>
<p>14 OFA CLOSED</p>  <p><i>Columbus Day</i></p>	<p>15 Turkey Loaf w/ Gravy Mashed Potato Harvard Beets Fruit Cup Whole Wheat Roll</p>	<p>16 Chicken Parmesan over Pasta Peas & Carrots Pineapple Chunks Applesauce Muffin</p>	<p>17 Spanish Rice Broccoli Banana Whole Wheat Roll Cottage Cheese Chives</p>	<p>18 Scallop Potatoes & Ham Kidney Green Bean Salad Warm Baked Apples Whole Wheat Roll Grape Juice</p>
<p>21 Hot Roast Beef w/ Gravy Red Skinned Potatoes Winter Squash Tropical Fruit Whole Grain Bread</p> <p>28 Spaghetti w/ Meatsauce Tossed Salad w/ Dressing Pears Garlic Bread Fig Newton</p>	<p>22 Chili Con Carne Carrot Raisin Salad Fruit Cocktail Corn Muffin Grape Juice</p> <p>29 Swedish Meatballs over Pasta Green Beans Sunshine Salad Whole Wheat Roll</p>	<p>23 Fish Morney Baked Potato w/ Sour Cream Spinach Fruit Fluff Banana Berry Muffin</p> <p>30 Macaroni & Cheese Zuchini & Tomatoes Cinnamon Applesauce 12 Grain Bread Grape Juice</p>	<p>24 Sliced Turkey w/Gravy Mashed Potatoes Broccoli Peaches Cranberry Sauce Whole Wheat Roll</p>	<p>25 Sweet n Sour Pork Brown Rice Carrots Pineapple Tidbits 12 Grain Bread Apple Juice</p>